

The American Red Cross in cooperation with the Verdugo Hills Council -BSA High Adventure Team presents...

Wilderness First Aid Basics



A new, 16 hour First Aid course for persons involved in activities that take them beyond the scope of traditional urban emergency medical services, when help is delayed in urban or rural situations, and mass casualty incidents.

Environmental and youth groups are visiting remote regions in ever increasing numbers. While many excursions are held in areas where transportation and emergency services are available, help may still be slow in arriving. This course will be useful when in remote areas, in urban areas during and after disasters, or when emergencies occur during large gatherings, all of which can require care of the victim beyond the skills taught in regular first aid classes.

This course meets **Boy Scout High Adventure and Girl Scouts of the USA Level II First Aider** requirements. (However, it is not as comprehensive as the 60+ hour High Adventure First Aid - First Responder Course). Wilderness First Aid Basics includes realistic scenarios where you will decide what is wrong with the "patient" and how to handle the situation, whether you are "in town" or miles away from an emergency room or paramedic care. The main textbook is written by William Forgey, MD, past president of the Wilderness Medical Society.

In order to keep the cost as low as possible, some supplies will be borrowed from (or donated by) the Verdugo Hills Boy Scout Council and Kaiser Permanente Hospital, Panorama City. The fee covers the following materials: ARC textbook, numerous study handouts, and American Red Cross Wilderness First Aid Basics Certificate.

You will need to bring pencil, pen; a wrist watch (preferably with a second hand); and a small pen light.

This course does not include CPR. If you wish to take a CPR class or recertify your current CPR card, we will schedule a separate CPR class.

DATES: SATURDAYS, MARCH 22, AND 29, 2008

TIME: 9:00 AM-to 5:30 PM. (BRING YOUR LUNCH. COFFEE AND TEA WILL BE AVAILABLE ALL DAY)

**LOCATION: VERDUGO HILLS COUNCIL - BSA
1325 GRANDVIEW AVE.,
GLENDALE, CA 91201**

PREREQUISITES: THERE ARE NO PREREQUISITES

QUESTIONS? PHONE: Marlene M. Lugg, Dr. P.H. (818) 882-4526

TO SIGN UP: please complete the attached page and send it with a check for the correct amount to the address shown by Friday, March 7, 2008.

Registration

Wilderness First Aid Basics



Please complete and return with your registration fee by March 7, 2008, to

VERDUGO HILLS COUNCIL - BSA
1325 GRANDVIEW AVE.,
GLENDALE, CA 91201
(818) 243-6282

Please register me for the Wilderness First Aid Basics Course on March 22 and 29, 2008.

I enclose:

___\$ 10.00 for the Wilderness First Aid Basics Course

(NOTE: this does not include the cost of Dr. Forgey's textbook. Please bring an additional \$9.00 to the class to purchase the book from the instructor. If 2 or more persons in the same family are taking the course, you may decide to purchase either 1 book for the family, or one for each person!)

Name: _____

Address: _____

City, State, Zip: _____

Telephone No.: _____

I am affiliated with Girl Scouts: Troop _____, Council _____

I am affiliated with Boy Scouts: Pack, Troop or Crew _____, Council _____

I am affiliated with _____

(other organization)